

# Schools for Health in Europe

by Schools for Health in Europe  
Network Foundation

## **AIM & OBJECTIVES:**

To improve the health of children and young people in the European Region and Central Asia

## **TARGET GROUP:**

School authorities on national, regional and local level; Schools and practitioners on local level; Researchers and universities

## **KEY STAKEHOLDERS:**

Parents, local communities, health organisations

## **DESCRIPTION:**

SHE (Schools for Health in Europe) provides various resources related to school health promotion. These resources such as fact sheets on different health topics, conference statements, manuals and tools, health promoting school case studies and relevant literature about health promotion in schools.

## **ADDED VALUE:**

The "SHE approach" encompasses a set of values, a specific perspective on the concept of health, and a vision of health-promoting schools. These schools are characterised by implementing a structured and systematic plan to support the health and well-being of all pupils, as well as teaching and non-teaching staff.

## **LESSONS LEARNED:**

A whole-school approach acknowledges that every aspect of the school community influences students' health and well-being, emphasizing the strong connection between learning and health.

## **RESOURCES & REFERENCES:**

[www.schoolsforhealth.org](http://www.schoolsforhealth.org)