

GOOD PRACTICE / SCHOOLS

Physical literacy enriched school transportation

by Change the Game

AIM & OBJECTIVES:

To help develop Umeå as an active society by encouraging children and young adults to engage in healthier ways of getting to and from school.

TARGET GROUP:

School students

KEY STAKEHOLDERS:

School authorities, local government

DESCRIPTION:

The pilot project aimed to find new forms of how children get to and from school in a physical literacy enriched way to promote sustainable development on many levels. Eight different units of movement were used to and from the school based on workshops with teachers and students.

ADDED VALUE:

One-off initiative that brings a sustainable advantage to a whole community

LESSONS LEARNED:

The project made it clear that current recommendations for playground equipment limit the possibility of creating environments that develop physical literacy.

RESOURCES & REFERENCES:

change-the-game.se/en/physical-literacy-enriched-school-transportation